

# Riding for Smiles

## Rules Sheet - February 2021

Riding for Smiles Charity Number 1174773 <a href="http://www.ridingforsmiles.org">www.ridingforsmiles.org</a>  Contact: Stephanie Hind, Project Liaison Officer <a href="mailto:info@ridingforsmiles.org">info@ridingforsmiles.org</a> Telephone: <b>07754090685</b>	RfS is based at  Coloured Cob Equestrian Centre Bank House Farm, Creswell, Notts, S80 4AA <a href="http://www.colouredcob.co.uk">www.colouredcob.co.uk</a> Telephone: 01909 725251
---	---

<b>DO NOT</b>	<b>DO</b>
Run around. Shout or make a loud noise. Walk behind a horse or pony. Climb on walls and gates. Leave your group. Open stable doors. Hit each other's hats. Wear headphones. Use mobile phones. Smoke.	Listen carefully. Follow instructions. Talk quietly to the horses. Approach a horse slowly from the side. Talk politely to others. Respect your friends and adults. Share equipment.

<b>Special DO NOT's and DO's due to Coronavirus</b>	
<b>DO NOT</b>	<b>DO</b>
Touch anything unless an adult gives permission. Change hats/vests with anyone else. Go close to anyone who is not in your bubble unless told you can.	Keep to the agreed path from the car park to the stable yard. Cover your mouth with a tissue when coughing or sneezing. Use hand sanitizer at the beginning, middle and end of the riding session. Tell a member of staff straight away if you feel ill.